



Waterford Institute *of* Technology

INSTITIÚID TEICNEOLAÍOCHTA PHORT LÁIRGE

MA in Advanced Facilitation Skills for Promoting Health and Well Being (Waterford or Dublin venue)

Level 9



Do you want to become a highly skilled facilitator and advance within your chosen profession or seek new employment opportunities?

The Master of Arts in Advanced Facilitation Skills for Promoting Health and Well Being is an innovative practice orientated programme, the only one of its kind nationally. It is designed to enhance personal growth and development to advance knowledge, skills, attitudes and competencies required for effective facilitation for promoting health and well-being with groups, individuals and key populations.

Programme Outline

The MA in Advanced Facilitation Skills for Promoting Health and Well Being has a strong focus on personal development and the acquisition of facilitation skills to an advanced level both in practice and within a wider theoretical perspective. Experiential learning is the methodology used throughout the course which supports students to develop their skills through the medium of the group process [max 16], reflective practice, practical experience and research. A student who accumulates 60 credits in Semesters 1 and 2 and who does not wish to complete the MA may, at the discretion of the programme board, be awarded a Postgraduate Diploma in Advanced Facilitation Skills for Promoting Health and Well Being.

Programme Structure

Semester 1	Semester 2	Semester 3
Facilitation Skills 10 credits	Advanced Facilitation Skills 20 credits	Individual and Social Influences on Health 5 credits
Personal Development 10 credits	Advanced Personal development 10 credits	Qualitative Data Analysis 5 credits
The Determinants of Health and Well-Being 5 credits		Dissertation 20 credits
Qualitative Research & Evaluation 5 credits		

Programme Delivery

The programme is delivered over a two-day block (Friday-Saturday) per month. There are three residential weekends (Friday – Sunday) that take place in Tullow Co Carlow. Please note there is a nominal fee of approximately €115 for residential weekends paid directly to the venue for food and board. In the final semester there are one to one meetings which can be negotiated between the student and staff member.

Career Opportunities

This programme is for all people whose core work involves communication with others; it is an invaluable asset to many professionals such as Community, Social and Youth Workers, Teachers, Health Professionals, those in positions of management and those working with marginalised groups. The programme provides an opportunity for individuals to acquire the knowledge and skill set to support them to deliver on the priorities identified in 'Healthy Ireland' which is the national framework for action to improve the health and wellbeing of the people of Ireland.

Entry Details

- Applicants should hold a qualification at NQF Level 8 Honours (2.2) degree or equivalent.
- Applicants who do not hold the standard qualifying NQF Level 8 Qualification criteria, but have relevant work experience and study may be considered for admission to the programme under the Institute's Recognition of Prior Learning (RPL) process and subject to an interview.
- Normally applicants are subject to a pre-entry interview in order to be considered for a place on the programme.
- Applicants whose primary language is not English must submit evidence of competency in English. Please see our website for more details www.wit.ie/englishrequirements

Fees

For information on fees please visit our website at www.wit.ie/pgfees

Student Testimonial

This testimonial is from a graduate of Social, Personal and Health Education (SPHE). The MA in Advanced Facilitation Skills for Promoting Health and Well Being has been reconfigured based upon the SPHE programmes run in WIT.

"I signed up for the SPHE course as I wanted to work in the area of group facilitation - I did not expect it to fundamentally change my life! The experiential learning method used provided invaluable lessons about group facilitation by experiencing first-hand the stages of group formation safely. The research was very interesting and we had lots of good debates about promoting healthy lifestyles. The biggest lessons for me though were about myself, identifying my behaviours good and not so good.

Since the course I've gone on to start my own consultancy business and I credit SPHE with giving me the confidence I needed to get me started."

Sinead Byrne

Applications

Applications for this programme are made online by going to www.pac.ie (code **WD591**)

Contacts

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For more detailed information please visit our website at
www.wit.ie/wd591
www.wit.ie/wellbeing